

Staff

Braintree

Our Staff in Braintree, MA



Michael Vacon- PTFacility Owner/Managing Partner, Physical Therapist

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Michael Vacon, P.T. has been a practicing Physical Therapist in Massachusetts since graduating from The University of Lowell in 1991. He specializes in the rehabilitation of orthopedic and spine related musculoskeletal injuries. Michael has worked with professional athletes from the NBA, NFL, MLB and WNBA, Olympic champions, weekend warriors and youth sports participants...some of his "favorites" being throwing athletes, soccer players and endurance athletes. Michael also specializes in the rehabilitation of injured workers, people involved in accidents, patients with arthritic conditions and patients with both acute and chronic spine pain. For "spine" patients, he uses a unique and very successful approach, combining progressive strength and flexibility training, physioball core stabilization, functional lifting and selective spinal mobilization. This has resulted in patients successfully reducing their pain and returning to a normal life.



Katie Foley Ferrari- MSPTClinical Manager, Physical Therapist

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Katie graduated from Northeastern University in 2001 with a bachelor's degree in Rehabilitation Science. She continued her studies at Northeastern and received a Master's Degree in Physical Therapy in 2002. Katie has focused on orthopedic physical therapy since 2002. She has worked at several area clinics and has worked closely with many area physicians on rehabilitating people with varying orthopedic diagnoses. Katie uses an aggressive rehabilitation style combining manual therapy with exercise to help her patients to function. In her spare time, Katie enjoys sailing, golf, skiing and power yoga.



Jennifer Giuliano- MSPT,CSCSPhysical Therapist

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Jennifer graduated from Northeastern University in 2002 with a Master's degree in Physical Therapy. Since 2002, she has focused her physical therapy in the area of orthopedics and post-surgical rehabilitation. She utilizes manual techniques in addition to exercise to return patients to function and sport. Jennifer is also a Certified Strength and Conditioning Specialist and works privately as a personal trainer. She completed the Boston Marathon in 2008 as a member of the American Liver Foundation's Run for Research team. In her spare time, Jennifer enjoys power vinyasa yoga, running, Pilates, and weight training.



Sydney Galvin- PT, DPTPhysical Therapist

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Sydney Galvin, PT, DPT, graduated the University of Massachusetts of Lowell with a bachelor's degree in Exercise Physiology in 2013. She returned to Lowell that fall to attend their doctor of physical therapy program, which she completed in 2016. Sydney has had clinical experience in orthopedics as well as in the acute care setting. She enjoys working with people of all ages. In her spare time she enjoys walking, biking, swimming and spending time with her dogs.



Heather Doyle- BS, LPTA Physical Therapist Assistant

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Heather graduated from Ithaca College in 1998 with a Bachelor's Degree in Exercise Science. After coaching soccer for a number of years and working as a personal trainer Heather went back to school to receive her Associates Degree in Physical Therapy from Mass Bay Community College in 2004. She has been a practicing Physical Therapist Assistant since and has worked in both the outpatient orthopedic setting as well as long-term care. A former college soccer player and coach, Heather enjoys working with sports-related injuries and getting athletes back into game shape. In her spare time, Heather enjoys running, weight training and hiking.



DeShauna Johnson Office Manager

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DeShauna is a 2002 graduate of Quincy High School and graduated from Quincy College with an Associates Degree in Computer Science Applications in 2005. She began working at Blue Hills Sports & Spine Rehabilitation in 2008 and became office manager in 2011. DeShauna handles all billing for the office.



Justin Harrington Clinical Secretary

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