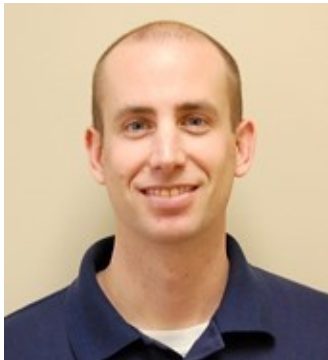


## Staff

### Boston

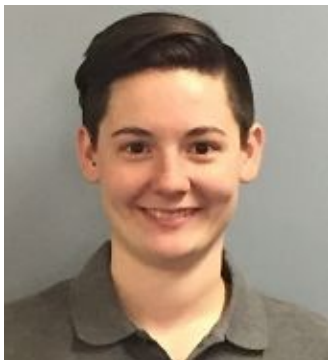
## Our staff in Boston, MA



### **Erik Holmes- PT Managing Partner/Owner, Physical Therapist**

[eholmes@bluehillspt.com](mailto:eholmes@bluehillspt.com)

Erik Holmes, P.T., graduated from Northeastern University with a bachelor's degree in June of 1999 and a master's degree in June of 2000. Erik was first exposed to physical therapy as a member of the U.S. Development Ski Team and required treatment for various injuries. This initial exposure to physical therapy lead Erik to pursue a career in the orthopedic/ sports medicine fields of physical therapy. Throughout his career Erik has focused on working with patients suffering from orthopedic related injuries. Erik's experience both as a therapist and patient has helped him to develop manual treatment skills and exercised based treatment programs.



### **Andrew DeStefano- PT, DPT Physical Therapist**

[adestefano@bluehillspt.com](mailto:adestefano@bluehillspt.com)

Andrew DeStefano, PT, DPT, graduated from Ithaca College with a bachelors in Clinical Health Sciences in 2010 and continued on to receive his Doctorate of Physical Therapy in 2012. He has clinical experience in both inpatient and acute care physical therapy, but has focused his career in orthopedic physical therapy. His rehabilitation approach focuses on research and evidence based exercise and manual therapy. In his free

time, Andrew enjoys boxing, outdoor activities and spending time with friends.



## **Michelle Danley- PT,DPTPhysical Therapist**

[mdanley@bluehillspt.com](mailto:mdanley@bluehillspt.com)

Michelle Danley, PT, DPT, graduated from Ithaca College with a bachelor's degree in Clinical Health Science in 2011 and then a doctorate of Physical Therapy in 2013. She takes a hands-on approach to patient care, utilizing manual therapy techniques and progressive exercise to maximize her patient's functional abilities and help them achieve their desired goals. As a former athlete, Michelle brings her own personal understanding of many of the injuries she helps her patients to overcome. Since earning her DPT she has been working in an outpatient orthopedic setting as well as a skilled nursing facility. Michelle is a member of the American Physical Therapy Association. In her free time, she enjoys playing soccer, spending time with family and friends and traveling.



## **Jessica JohnsonOffice Coordinator**

[jjohnson@bluehillspt.com](mailto:jjohnson@bluehillspt.com)

Jessica began working at the Boston location in February of 2012 and loves it. She takes pride in putting her best effort in everything she does and enjoys being the first person our patients interact with!